

Creative!

Playful!

Raffles!

Games!

Exuberant!

Snacks!

The Ultimate Playdate!

A Total Blast!



## My Mother and Me!

9 - 13 year old girls and their moms/guardians

Creative, Interactive and Fun Learning Experiences for Moms & Daughters

Saturday May 17, 2008

1:00 p.m. - 5:00 p.m.

\$75/pair

facilitated by Peggy Rubens-Ellis, M.Ed.

**West Seattle YMCA**

4515 36th Ave SW

Seattle WA 98126

Creative Crossings warmly invites you to take part in an exciting interactive workshop that honors and celebrates the pre-teen and teenage years. As our girls grow into unique independent young women, they need the support, guidance and wisdom of their elders.

My Mother and Me! weaves together collage-making, games, and thought-provoking discussion in a safe, caring, playful environment. With laughter and fun, we spend the day honoring your unique relationship; building community with other mothers; and looking at the dichotomy of girls wanting independence but needing support, limits and guidance. You'll leave the experience with powerful communication skills and a discovery of inner strengths and resources to help you and your daughter navigate the teenage years successfully.

**Please visit the website at <http://www.creative-crossings.com>**

*About Creative Crossings:*

*Peggy Rubens-Ellis is a School Counselor and founder of Creative Crossings. Creative Crossings' main focus is helping girls cross through adolescence with self-esteem intact. Her passion is helping girls achieve this and she has been working with girls for 15 years. She likes to have fun and play while helping girls create communities that feel safe for all. A Creative Crossings program is NEVER boring.*

*In addition to working with pre-teen girls, Peggy also loves to travel and live in foreign countries, cross country ski, be outside with her dog, and spend time with her husband and teenage step-daughters.*

AVAILABLE FOR PRIVATE PARTIES AND MOTHER/DAUGHTER BOOK GROUPS

**For more information, contact: [info@creative-crossings.com](mailto:info@creative-crossings.com) or call (206) 463-1682**